

CAN HIGH BLOOD PRESSURE

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[High blood pressure dangers: Hypertension's effects on](#)

Uncontrolled high blood pressure can lead to stroke by damaging and weakening your brain's blood vessels, causing them to narrow, rupture or leak. High blood pressure can also cause blood clots to form in the arteries leading to your brain, blocking blood flow and potentially causing a stroke.

[High Blood Pressure Symptoms Symptoms of Hypertension](#)

But even without symptoms, high blood pressure can cause damage to your blood vessels and organs, especially the brain, heart, eyes, and kidneys. Early detection is important.

[High blood pressure | Heart and Stroke Foundation](#)

Keep your blood pressure in check. High blood pressure is the number one risk factor for stroke and a major risk factor for heart disease. High blood pressure is when the blood pressure in your arteries is elevated and your heart has to work harder than normal to pump blood through the blood vessels.

[High blood pressure - Canada.ca](#)

High blood pressure. About high blood pressure, its risk factors, signs and symptoms, health effects, treatment, surveillance information and guidance for professionals. Services and information. About. About high blood pressure and its causes. Prevention. Risk factors for heart diseases and conditions, and what you can do to reduce your risk. Signs and symptoms. Signs and symptoms of high

[High Blood Pressure Symptoms You Can Reverse Naturally ...](#)

Frequently, there are no high blood pressure symptoms as blood pressure increases, but some warning signs for very high blood pressure can include chest pains, confusion, headaches, ear noise or buzzing, irregular heartbeat, nosebleeds, tiredness or vision changes.

[What is High Blood Pressure? | Hypertension Canada](#)

Blood pressure is the force of the blood pumped from the heart against the blood vessels. This force makes blood flow possible, delivering nutrients and oxygen to organs and tissues throughout the body.

[13 Foods That Are Good for High Blood Pressure - Healthline](#)

Over time, high blood pressure can cause blood vessel damage that leads to heart disease, kidney disease, stroke, and other problems. Hypertension is sometimes called the silent killer because it

What is the difference between High Blood Pressure and Low ...

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Category: General What is the difference between High Blood Pressure and Low

High Blood Pressure (Hypertension) - MedicineNet

Blood pressure between 120/80 and 129/80 is elevated blood pressure, and a blood pressure of 130/80 or above is considered high. The American Academy of Cardiology defines blood pressure ranges as: Hypertension stage 1 is 130-139 or 80-89 mm Hg, and hypertension stage 2 is 140 or higher, or 90 mm Hg or higher.

Causes of High Blood Pressure - Risk Factors: Weight, Diet ...

When a direct cause for high blood pressure can be identified, the condition is described as secondary hypertension. Among the known causes of secondary hypertension, kidney disease ranks highest.

Can High Blood Pressure Cause Headaches?

The correlation between high blood pressure and headaches has been studied for years, yet it still remains a controversial and debated topic today. While there are studies that support the connection between these two conditions, 1 most medical professionals agree that hypertension is an asymptomatic disease.