

CHINESE GUNG FU

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[Chinese martial arts - Wikipedia](#)

Bruce Lee was the iconic international superstar that popularized Chinese martial arts in the West with his own variation of Chinese martial arts called Jeet Kune Do. It is a hybrid style of martial art that Bruce Lee practiced and mastered.

[Chinese Kung Fu, Martial Arts: History, Types, Masters ...](#)

Chinese Kung Fu (Martial Arts or as popularly referred to as Gongfu or Wushu) is a series of fighting styles which has developed over a long historical period in China. Nowadays, it is regarded as a traditional sport gaining more and more popularity and even stands as a representative for Chinese.

[Chinese Kung Fu - cctv.com](#)

Intro of the 19 Serials. The origins of Chinese Kung Fu can be found over 6,000 years ago, when men were taught to hunt and fight. In the past, there has been a massive upsurge in interest worldwide, in martial arts.

[Chinese Gung Fu: The Philosophical Art of Self-Defense ...](#)

Topics include basic gung fu stances, waist training, leg training, and the theory of yin and yang. The re-edition of Bruce Lee's original thoughts on kung fu offers martial arts enthusiasts and collectors exactly what they want: more Lee.

[Chinese Gung Fu: The Philosophical Art of Self-Defense ...](#)

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[Gong Fu Cha - The Complete Guide To Making Chinese Tea - By Daniel Lui](#) Download this guide by Daniel Lui as a PDF file here . This guide will introduce you to the Chinese method of tea-making, called "Gong Fu Cha" - "Tea With Great Skill".

[Chinese Gongs The Gong Shop](#)

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Traditional school for Chinese Gung Fu and Okinawan

Karate Martial Arts in the North Dallas/Plano Area.

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Bruce Lee The Tao of Gung Fu: A Study in the Way of

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The Art of Fighting Without Fighting. Bruce Lee explains Chinese Boxing or Gung Fu (often referred to as Kung Fu) in the simplest terms. The work is a mirror of the classic TV series Kung Fu and is a more in-depth teaching of the lessons given to James Franciscus' character in the short-lived TV series Longstreet.

Bruce Lee The Tao of Gung Fu - Google Books

The Tao of Gung Fu reveals Bruce Lee's thoughtful analysis of the tapestry of Chinese martial arts offering glimpses into the varied styles and his commentary on these arts. Lee's intense curiosity led him to accumulate this knowledge and expose the limitations of strict adherence to tradition, which inspired him to develop his cosmopolitan