

HIGH BLOOD PRESSURE READING%0A

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[High blood pressure | Heart and Stroke Foundation](#)
Keep your blood pressure in check. High blood pressure is the number one risk factor for stroke and a major risk factor for heart disease. High blood pressure is when the blood pressure in your arteries is elevated and your heart has to work harder than normal to pump blood through the blood vessels.

[Blood pressure chart: What your reading means - Mayo Clinic](#)

Blood pressure readings fall into four general categories, ranging from normal to stage 2 high blood pressure (hypertension). The level of your blood pressure determines what kind of treatment you may need. To get an accurate blood pressure measurement, your doctor should evaluate your readings based on the average of two or more blood pressure readings at three or more office visits.

[What is a high blood pressure reading? | Hypertension ...](#)

For instance, normal blood pressure may be written 120/80 or 120 over 80. The higher number is the systolic blood pressure. The lower number is the diastolic blood pressure. High blood pressure (hypertension) happens when a blood pressure reading is 140/90 or higher.

[Blood Pressure : Blood pressure chart](#)

if your top number is 140 or more - then you may have high blood pressure, regardless of your bottom number. if your bottom number is 90 or more - then you may have high blood pressure, regardless your top number. if your top number is 90 or less - then you may have low blood pressure, regardless of your bottom number.

[High blood pressure chart: Do you have a normal reading ...](#)

High blood pressure is a condition that affects more than one in four adults in the UK. But many symptoms go undetected - the only sure way to find out if you have it is to have your blood

[High blood pressure symptoms: What is considered a normal ...](#)

A reading over these numbers could indicate hypertension. HIGH blood pressure rarely has noticeable symptoms so the best way to find out if you have hypertension or hypotension is to have your

[Blood Pressure Readings Explained - Healthline](#)

Stage 2 high blood pressure indicates an even more serious condition. If your blood pressure reading shows a top number of 140 or more, or a bottom number of 90 or more, it's considered stage 2.

High Blood Pressure: Understanding Blood Pressure (BP) ...

Normal blood pressure is less than 120 mmHg systolic and 80 mmHg diastolic (see blood pressure chart below), and may vary from 90/60mmHg to 120/80mmHg in a healthy young woman. A blood pressure of 140/90 mmHg or higher indicates high blood pressure.

Blood Pressure : What is high blood pressure?

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

High Blood Pressure (Hypertension) - MedicineNet

Blood pressure between 120/80 and 129/80 is elevated blood pressure, and a blood pressure of 130/80 or above is considered high. The American Academy of Cardiology defines blood pressure ranges as: Hypertension stage 1 is 130-139 or 80-89 mm Hg, and hypertension stage 2 is 140 or higher, or 90 mm Hg or higher.

Is a blood pressure of 0 a 'true zero'? - Quora

Blood pressure is the pressure over ambient. A dead body has a blood pressure of about zero, and it's not like it's deflating or sucking in air from the environment. So a BP of 100 isn't twice that of 50, but the physical difference is much less relevant than the biological difference. A diastolic

What Are the Symptoms of High Blood Pressure in Women?

Blood pressure is the force of blood pushing against the inside lining of the arteries. High blood pressure, or hypertension, occurs when that force increases and stays higher than normal for a

What Does My Blood Pressure Reading Mean? - Caring.com

The information below and in the related links is designed to help you understand what your latest blood pressure readings may mean for your health -- and to provide tips on what you can do to get or keep your blood pressure in a healthy zone.

high blood pressure - WebMD

Even if your blood pressure is high, you probably won't have symptoms. That's why it's often called the "silent killer." The first symptom of untreated high blood pressure may be a That's why it's