

SCOLIOSIS AND YOGA

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Spondylosis: What It Actually Means - Spine-Health
Spondylosis is an umbrella term used to describe pain from degenerative conditions of the spine. Watch: Spondylosis Video. Most often, the term spondylosis is used to describe osteoarthritis of the spine, but it is also commonly used to describe any manner of spinal degeneration.

Idiopathic scoliosis: etiological concepts and hypotheses
Scoliosis is diagnosed as idiopathic in 70 % of structural deformities affecting the spine in children and adolescents, probably reflecting our current misunderstanding of this disease.

Heritability of scoliosis - PubMed Central (PMC)

In this large population-based study we found that (1) idiopathic scoliosis is a hereditary condition, (2) the absolute risk of developing scoliosis for the twin of a person with scoliosis is estimated to be 0.15-0.17 in monozygotic and 0.00-0.08 in same-sex dizygotic twins, and (3) genetic effects explain 38% of the susceptibility to scoliosis.

Lumbar Spinal Stenosis Treatment - Spine-Health

Exercise. This treatment will be recommended as part of treatment for most people with lumbar spinal stenosis. A targeted program of spinal stenosis exercises with guidance from a physical therapist or doctor can prevent further debilitation arising from inactivity.

Identification of Candidate Regions for Familial ...

DOI: 10.1097/01.brs.0000162282.46160.0a , PMID:

15897833, related to scoliosis was used to screen

genotyping data from 391 markers in the 202 families.

Postoperative behavior of thoracolumbar/lumbar curve and ...

Background. Controversy still exists around surgical strategies for Lenke type 1C and 2C curves with primary thoracic and compensatory lumbar curves in adolescent idiopathic scoliosis (AIS).

Gwen Miller - CHEK Practitioner, Yoga, Pilates - Physio ...

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Identification of candidate regions for familial ...

Identification of candidate regions for familial idiopathic with at least two individuals with idiopathic scoliosis was 46160.0a; State: